

# **Mennonite Friendship Communities**

## **3 Phase Re-Opening Plan**

### **ASSISTED LIVING**

**Revised 6-26-20**

#### **Phase I –**

- Dining: May eat in the dining room with observance of 6 ft social distancing.
- Activities adhere to social distancing of small groups of 10 or less and 6 feet apart. Resident who participate are free of COVID-19 symptoms.
- Continue check in screening for all staff and visitors. Entrance is restricted if any positive answers on screening tool. Continue with only 1 entrance into the facility (Front door of each A.L.)
- All staff and visitors continue to wear masks, cloth or procedure. When actual PPE is required for resident care, masks will be procedure.
- Residents continue to be screened / assessed daily. Residents and staff are referred to be tested if symptomatic.
- Continued restriction of non-essential healthcare personnel.
- Transportation remains open only for medically necessary appointments. Residents wear a face mask when going out for appointments. Transportation may take AL residents to IL beauty shop, one at a time.
- Graber House has been established and licensed for cohorting of positive COVID-19 residents for HC and AL residents.
- Hand Hygiene – stations at each screening entrance; staff and visitors are educated to complete hand hygiene upon entry and frequently thereafter.
- Any of the above which includes residents being out of their apartment will apply only to residents who are negative / asymptomatic for COVID-19.
- Any residents who have visitors coming in will have these visits in the resident's room. Visitors may only leave the apartment when using the public bathroom.
- **Visitation prohibited, except for compassionate care situations:**
  - Essential visitation policy developed and implemented. A few Essential Visitors are allowed based on significant decline in a resident's physical, psychosocial and spiritual well-being. Interdisciplinary team evaluates and makes a decision to allow an essential visitor on a case by case basis.
- Visitors are not to be in the dining room during meals. Visitors eating meals in apartment with resident is discouraged.
- Preparation for return of IL beautician; policies implemented for Beauty Shop and education, completed with Beautician. Two residents at a time, honoring 6 ft social

distancing as much as possible, with sanitizing between residents – Mask required for Beautician, offered to resident. Resident choice if they want to wear it.

- Any of the above which includes residents being out of their apartments will apply only to residents who are negative / asymptomatic for COVID-19.
- Any residents who have visitors coming in will have these visits in the resident's apartment. Visitors may only leave the apartment when using the public bathroom.
- All MFC staff are required to wear masks inside the facility.

***Consult with Reno County Health Officer prior to moving to Phase II.***

**\*\*Phase II-**

- Visitation same as Phase 1.
- Dining will continue to be the same as Phase I.
- Activities will remain same as Phase I. May resume some outings such as bus rides, etc.
- Staff and resident screening / COVID testing – same as Phase I.
- Will continue with only 1 entrance per area.
- Hand hygiene and masks for staff and residents – same as Phase I.
- May now allow entry of volunteers. Volunteers will have the same guidelines and restrictions as staff for screening, hand hygiene, masks, etc.
- Medically necessary trips same as Phase I. Transportation staff must ensure residents have masks on all trips.
- When a resident goes out to an appointment and upon return they will be asked to remain in their apartment for 72 hours and staff will monitor for any respiratory signs and symptoms. If no symptoms may come out of their apartments after the 72 hours.
- Continue cohorting for positive cases same as Phase I. (Graber House)
- Continue Hand Hygiene – stations at each screening entrance; staff and visitors are educated to complete hand hygiene upon entry and frequently thereafter. staff complete hand hygiene when entering the dining area.
- Any of the above which includes residents being out of their rooms will apply only to residents who are negative / asymptomatic for COVID-19.
- Any residents who have visitors coming in will have these visits in the resident's room. Visitors may only leave the room to use the public bathroom.
- All MFC Staff are required to wear face masks inside the facility.

***Consult with Reno County Health Officer prior to moving to Phase III.***

**\*\*Phase III –**

- Increase visitation for all residents who are COVID free and asymptomatic. In this phase all residents will be allowed 1 adult visitor. All visitors will only enter through the main screening entrance and will be screened upon entry. Visitation hours will be established from 8 am – 8 pm. Entry will be restricted for any positive answers to the screening tool.

Visitors may only visit in resident apartment and should not be out and about in the facility, except to use the public bathroom. Visitors should not assist or interact with residents other than their own loved one. Visitors will be asked to perform hand hygiene before and during their visit and will wear a mask the entire time. Residents will be provided a mask and will have the option to wear a mask or not during the visit. Visitors eating meals in the apartment with resident is discouraged.

- Volunteers allowed entry with screening and additional precautions including social distancing, hand hygiene, and cloth face covering or facemask.
- Continue 1 entrance / screening of all who enter.
- Licensed Nurse to complete a daily screening for all residents. This would not include a lung assessment. Should the resident have any symptoms, a licensed nurse would need to perform a complete respiratory assessment and notify PCP.
- Continue Hand Hygiene and infection control procedures.
- Dining: Continue with 6 ft distancing as much as possible. No visitors may be in the dining room during meals.
- Activities, including outings, can increase in number of residents as long as 6 feet social distancing can be maintained and appropriate hand hygiene is done.
- Continue cohorting for positive cases same as Phase I and Phase II. (Graber House)
- Hand Hygiene – stations at each screening entrance; staff and visitors are educated to complete hand hygiene upon entry and frequently thereafter. Staff complete hand hygiene when entering the dining area.
- Medically necessary trips outside of the facility residents must wear a mask; MFC must share the resident's COVID-19 status with the transportation service and entity with whom the resident has the appointment. When a resident goes out to an appointment and upon return they will be asked to remain in their apartment for 72 hours and staff will monitor for any respiratory signs and symptoms. If no symptoms may come out of their apartment.
- Any of the above which includes residents being out of their apartments will apply only to residents who are negative / asymptomatic for COVID-19.
- All MFC Staff are required to wear face masks inside the facility.

### **Phase out- (at the end of 14 day period of Phase 3)**

#### ***Consult with the Reno County Health Officer before implementing Phase Out.***

- Activities may resume to normal for any residents who are asymptomatic, being mindful of social distancing practices.
- Sunday church services may resume being mindful of hand hygiene, social distancing and mask usage.

- Dining: residents may gather at table for meals maintaining 6 foot distancing for any residents who are asymptomatic. Visitors will not be permitted in the dining area during meals.
- Visitation may resume as normal. Visitors will continue to go through the screening process and wear masks during visitation. Visiting hours will remain from 8 a.m. to 8 p.m.
- Screening and Masks will be contingent on the events on the county and recommendation of Reno County Health Officer.

**\*\*Any move to allow additional people into MFC must be taken under the following conditions:**

1. In coordination with Reno County Health Officer.
2. While maintaining the highest level of infection control practices and universal screening of residents, staff and visitors.
3. The relaxation of visitor or outside service restrictions must be immediately reversed if a resident or staff member tests positive for COVID-19.
4. More restrictive practices will be re-imposed if a local public health authority directs that community conditions have shifted, and additional steps must be taken to prevent COVID-19 from spreading in the community or facilities.
5. Maintain current processes to notify families and residents when a positive case occurs.

-KDADS COVID-19 Guidance, dated 6/17/2020 "Adult Care Home Reopening Requirements and Recommendations."

**There will be at least 14 days in between each phase.** We can only move on to the next phase as long as there are no positive cases and approval of the Reno County Health Officer. A positive case at any time will move MFC back to the most restricted phase (Phase I). MFC will need to move through each phase at a 14 day interval once COVID free. Should there be **an outbreak of 25% or more** then there will need to be at **least 28 days in between each phase.** Should another local community outbreak occur, in consultation with Reno County Health Officer and other regulatory agencies may need to restrict visitation and return to Phase I. Re-opening again would need to go through all of the phases as above.

Residents who are in isolation for observation or who have tested positive should not have in person visits.

Any residents who are suspected will be isolated in droplet precautions in their own apartment. Married couples who share an AL apartment will be isolated together.

**There will be a separate visitors log and visitors will be required to sign in and out. This will continue throughout the re-opening phases and thereafter for as long as we continue screening upon entry.**

**Government/regulatory agencies, such as, Reno County Health Department, KDADS, KDHE, CDC and The LTC Ombudsman may enter MFC through the screening entrance. They will be asked to follow our infection control protocols such as frequent hand hygiene, mask usage and social distancing as much as possible. Phones and iPads are available at each nursing desk area for resident and family use when needed.**

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